

Middle East packing list



TRAVEL DOCUMENTS

- Boarding pass(es)
- Car Rental Confirmation
- Emergency contact list
- Hotel/resort Confirmation
- Itinerary
- Medical Insurance cards
- Passport
- Restaurant reservation confirmation
- Driver's License w. Real Id / State ID
- Travel Insurance documents
- Passport photocopies
- Visas (not needed for travel under 90 days)

CARRY-ONS ITEMS

- Books/e-Reader
- Cash
- Clear quart-size bag
- Credit cards
- Earplugs/ Noise cancellation
- Reusable water bottle
- Eye mask
- Face masks (for COVID compliance)
- Food/snacks
- Glasses/Contacts (cases/solution/microfiber)
- House/car keys
- Medical kit
- Over-the-counter/prescription medicines
- Neck pillow
- Phone charger
- Portable power bank/ Charger
- Sanitizer wipes/spray
- Sunglasses (with UV lenses and retainer strap)

CLOTHING/OUTERWEAR

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| <ul style="list-style-type: none">• Beach Bag• Beach towel• Cover-up• Ear Plugs/Nose Plugs• Flip-flops/sandals• Insect repellent• Lip balm with SPF• Portable fan• Rash Guard• Small waterproof bag• Tanning oil• Water Shoes• Shorts• Skirts• Sleepwear• Swimsuit• T-shirts• Tank tops• Underwear• Fleece or hooded jacket/pullover• Socks (synthetic, light, and/or wool)• Thermal leggings | <ul style="list-style-type: none">• Casual shoes• Comfortable walking shoes• Sandals/ flip flops• House shoes/ slippers• Backpack/ Day Bag/ Large Purse• Belts• Hat/visor• Jewelry• Scarf/bandana/Ties• Casual shoes• Comfortable walking shoes• Bras• Dresses• Light to mid-weight sweater, sweatshirt, or cardigan• Pants/slacks/jeans |
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ELECTRONICS

- Books/Reader
- Camera (charger, memory card & battery)
- Charging station
- Device chargers/ portable chargers
- Earbuds/ Headphones
- Laptop or tablet
- Multi-plug power strip (if permitted)
- Phone
- Phone charger
- Portable power bank/ Charger
- Travel speaker
- Universal adapter plug (for Cyprus: Type G power adapter)

ODDS AND ENDS

- Aloe/ sunburn recovery
- Antibacterial/hydrocortisone cream
- Band-aids
- Conditioner (if not provided)
- Contraception
- First-aid kit (portable size)
- Motion sickness meds/wristbands
- Nail clippers/ file
- Shampoo (if not provided)
- Small waterproof bag (for items that may leak)

- Clothesline
- Clothespins
- Copies of important documents for luggage
- Daypack
- Door stop
- Dryer sheets
- Extra credit/ debit card in luggage (in case carry-on bag is lost or stolen)
- Laundry bag

- Microfiber Towel
- Refillable water bottle
- Reusable straws
- Silk sheet/sleeping bag
- Snacks & drink
- Stain remover
- Travel binoculars with safety strap
- Travel size liquid containers
- Wrinkle release spray

